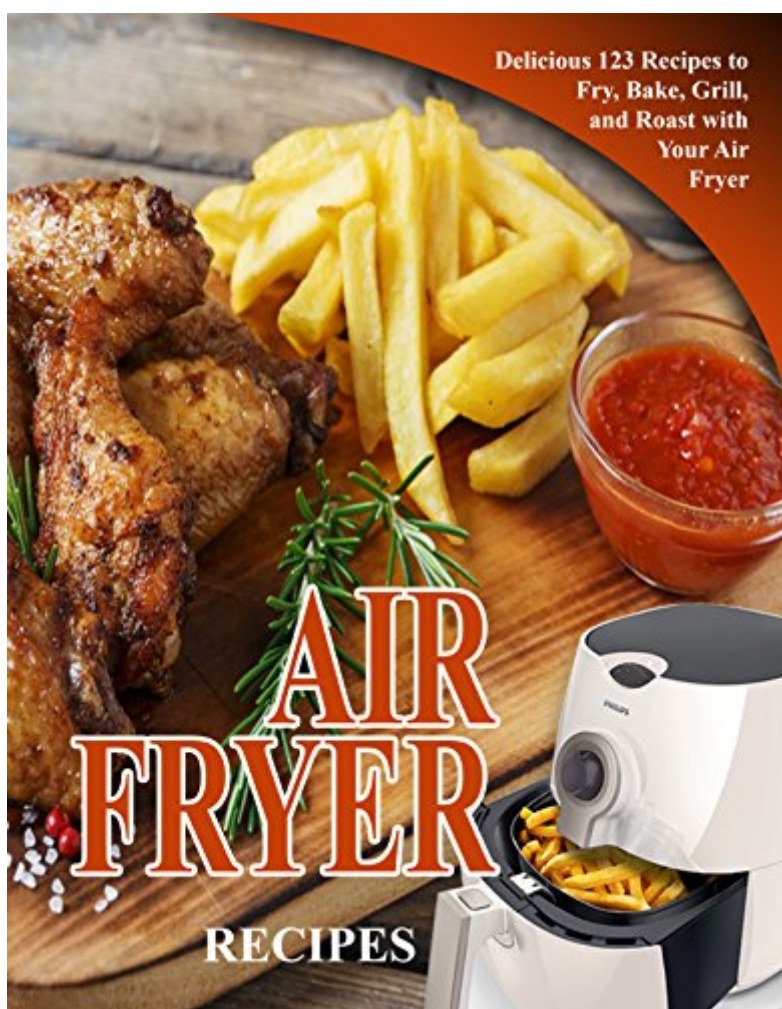


The book was found

Air Fryer Recipes Cookbook: Delicious 123 Recipes To Fry, Bake, Grill, And Roast With Your Air Fryer(Air Fryer Cookbook, Oil Free Cookbook,Healthy Air Fryer Recipes)





Synopsis

You don't have to choose between healthy and tasty food anymore! If you want to get delicious, quick and easy recipes for your Air Fryer than this book is for you. Air fryer itself has many benefits. There are a few of them: Low-fat meals, Easy cleanup. Uses hot-air circulation, the air fryer cooks your ingredients from all angles- with no oil needed. This ultimately produces healthier foods than most fryers and spares you from that unwanted aroma of fried foods in your home. Using the air frying method, you can fry everything without health risks. If you want to stay healthy and enjoy your favorite fried food this book is for you. Moreover, air-fried food helps you to lose weight with ease. And this cookbook can also teach you how to cook delicious meals quickly and easily with your air fryer! Inside you will find: 123 different air fryer recipes with full instruction and information how to easily cook them. All the recipes are unique. Recipes for vegetarians, Meat eaters. Recipes for breakfast, snacks, meat, seafood and dessert. If you are looking for a proper guide for every kind of food which you can cook in air fryer you should have this cookbook in your collection. All the recipes are easy to make with the simple ingredients. You just need to pick your favorite recipe and start making it now! **Air Fryer Recipes Cookbook: Delicious 123 Recipes to Fry, Bake, Grill, and Roast with Your Air Fryer** is the best guide for you to learn cooking with the air fryer. The recipes are healthy and safe to make in the air fryer. It will consume less time for you to cook with the air fryer.

Book Information

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Customer Reviews

Air fryer recipes cookbook is a very nice book. This book has delicious 123 recipes to fry, bake ,grill, and roast with your air fryer.I expected more healthful recipes with fewer eggs, less cheese and less salt because I'm using my air fryer for help with a heart healthy diet.I'm definitely keeping this cookbook and sharing it to my friends as well.

I adore this cookbook! It contains a substantial assortment of formulas. Formulas are flavorful and truly fast to plan. The majority of the formulas will take not as much as hour to get ready. They are sufficiently straightforward to make, yet sufficiently heavenly to awe your loved ones. All formulas in this book are spared with easier fixings with simple cooking headings. Your family devotees will completely ask for you to set up these dishes over and over.

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